

All about
your
amazing brain



What does your brain look like?



Find out about your 3 brains in one



What's it all about?

What have we found out?

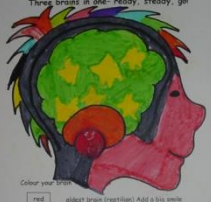


What can you do to HELP your brain?



Let's colour our brains!

MY AMAZING BRAIN!
 These brains in one- ready, steady, go!



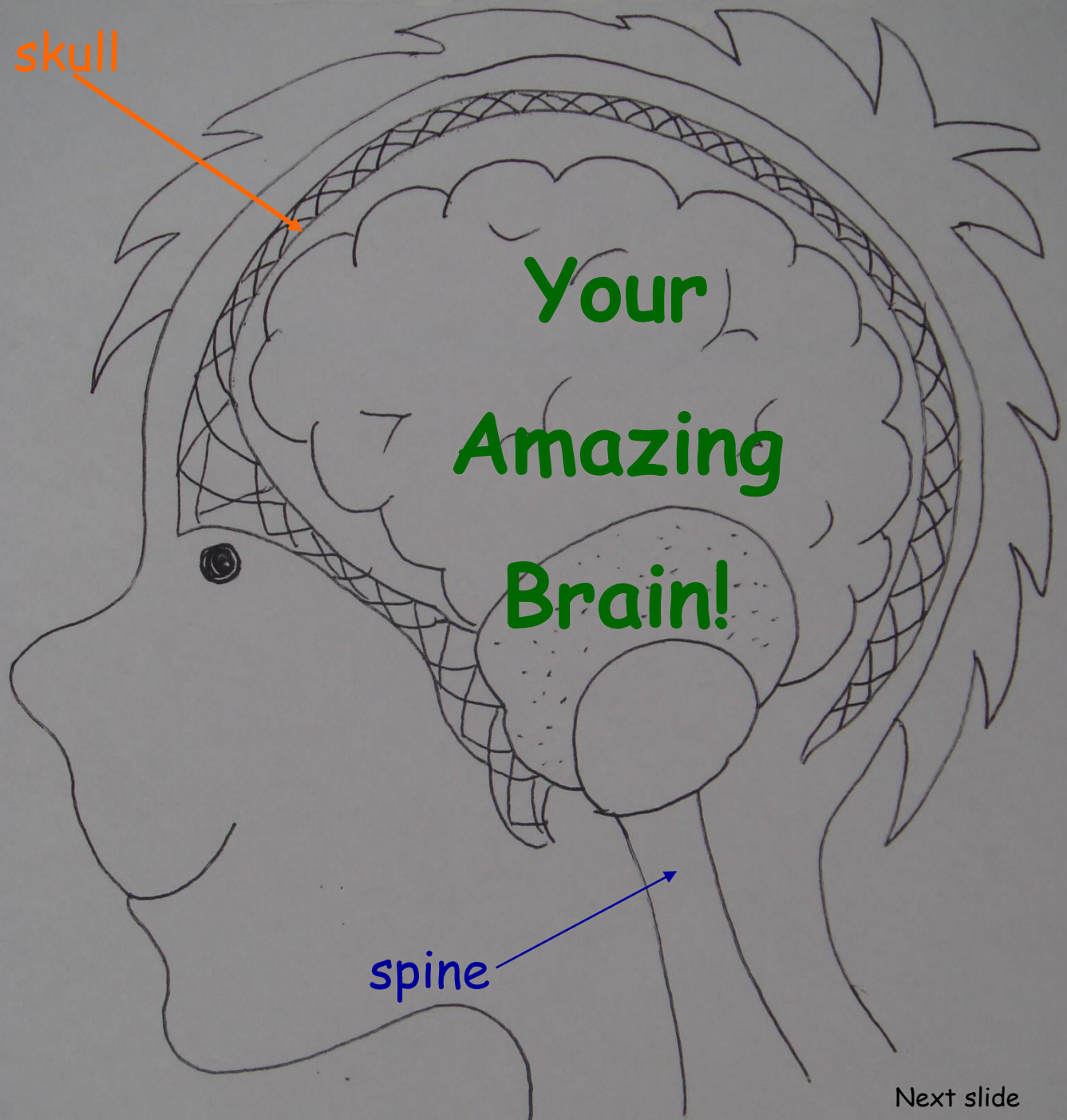
Colour your brain!

red	adult brain (right/lat)	Add a big smile
orange	mid brain (limbic)	Add 2 cool and a light bulb
green	new brain (neo cortex)	Add some learning stars

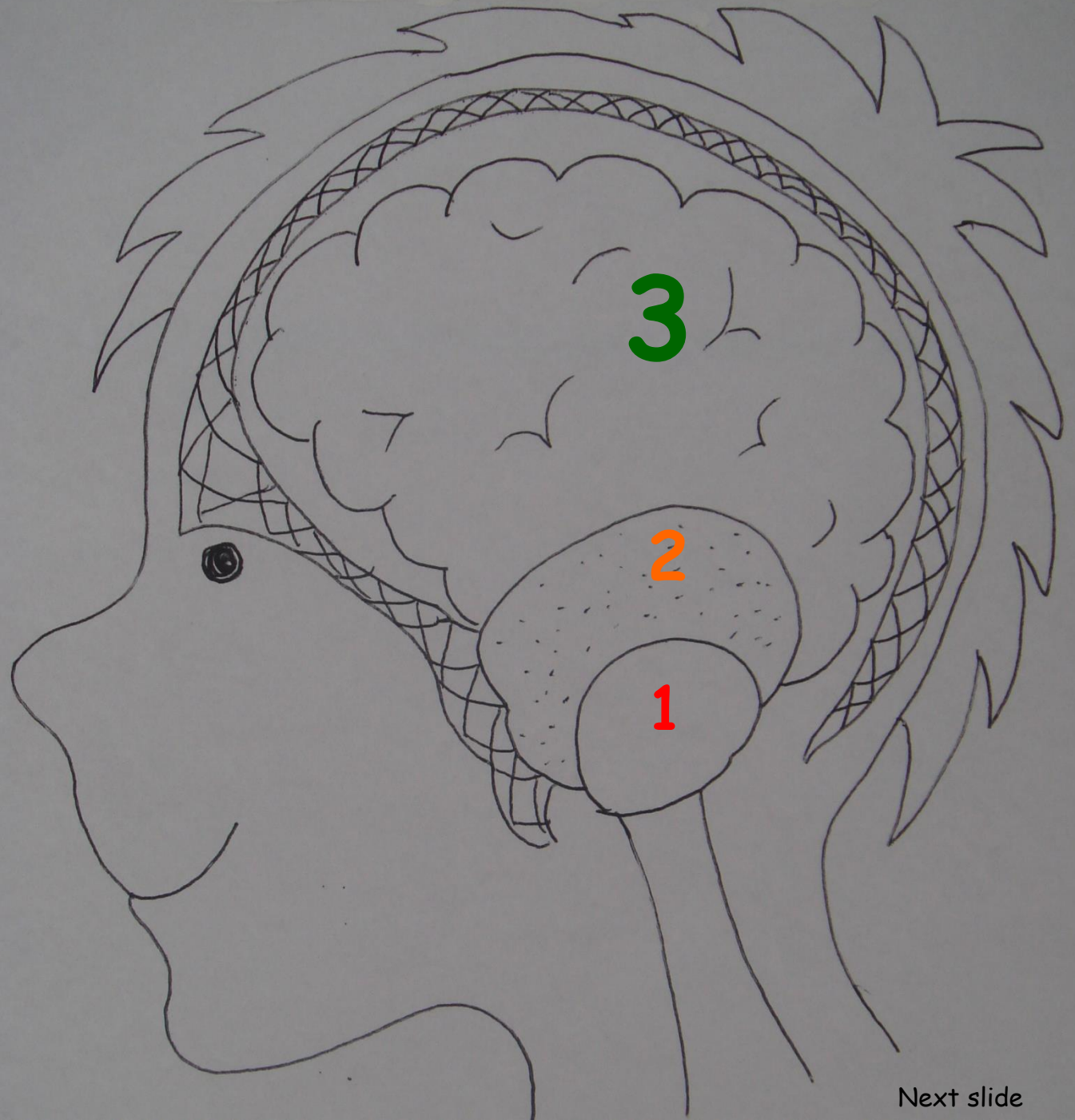
HELP your brain to learn! Be
 H appy- have no worries
 E nthusiastic- want to learn
 L isten well- pay attention!
 P ositive- I can do this!

NAME _____

Imagine
you could
see inside
your
head...
what do
you think
it would
look like?



**Inside
your
head
you
have
three
brains
in
one!**

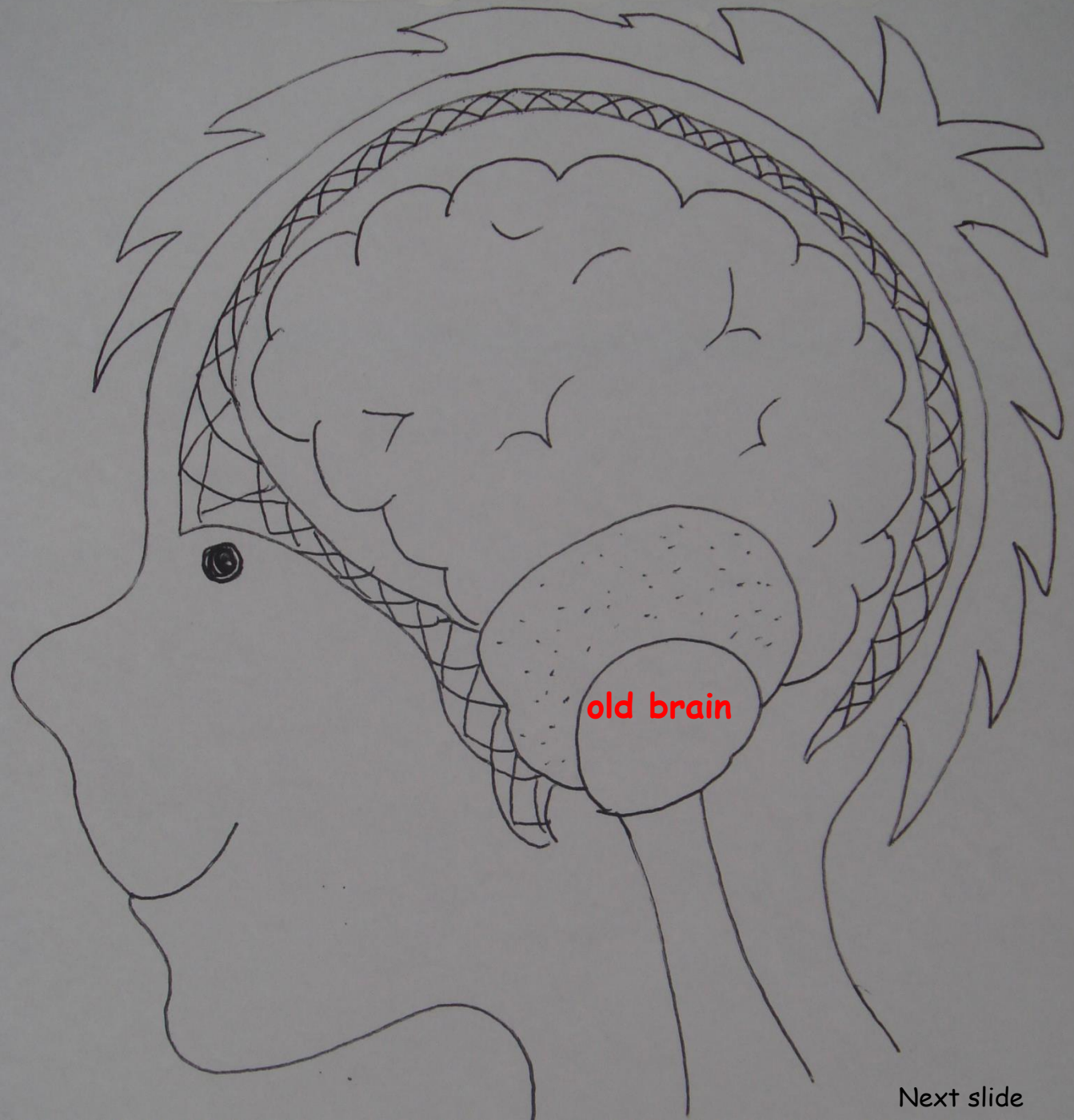


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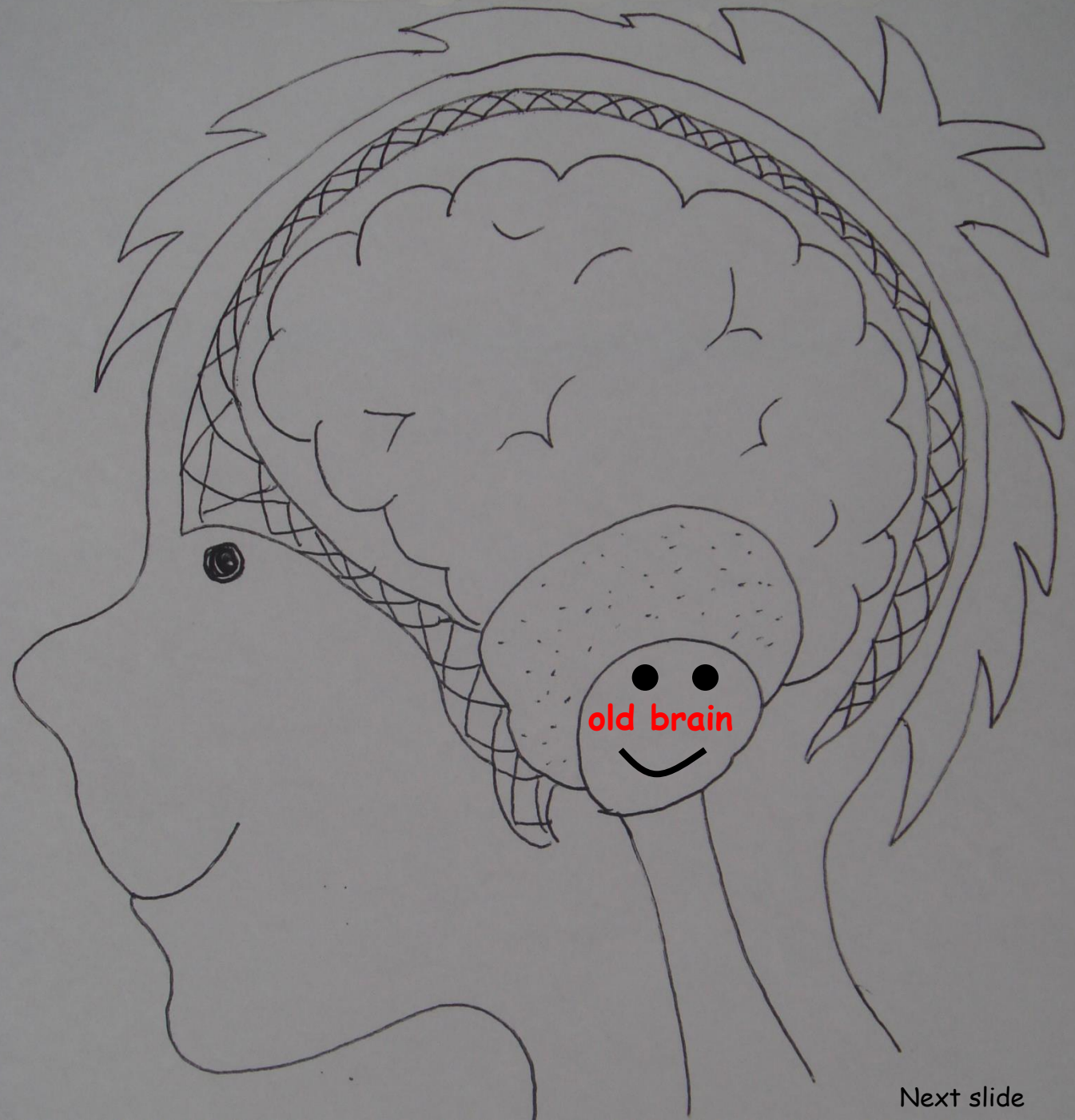
The
smallest
one is at
the bottom.

It is the
oldest and
looks after
us.

It tells us
when to
eat, sleep
and makes
us breathe.

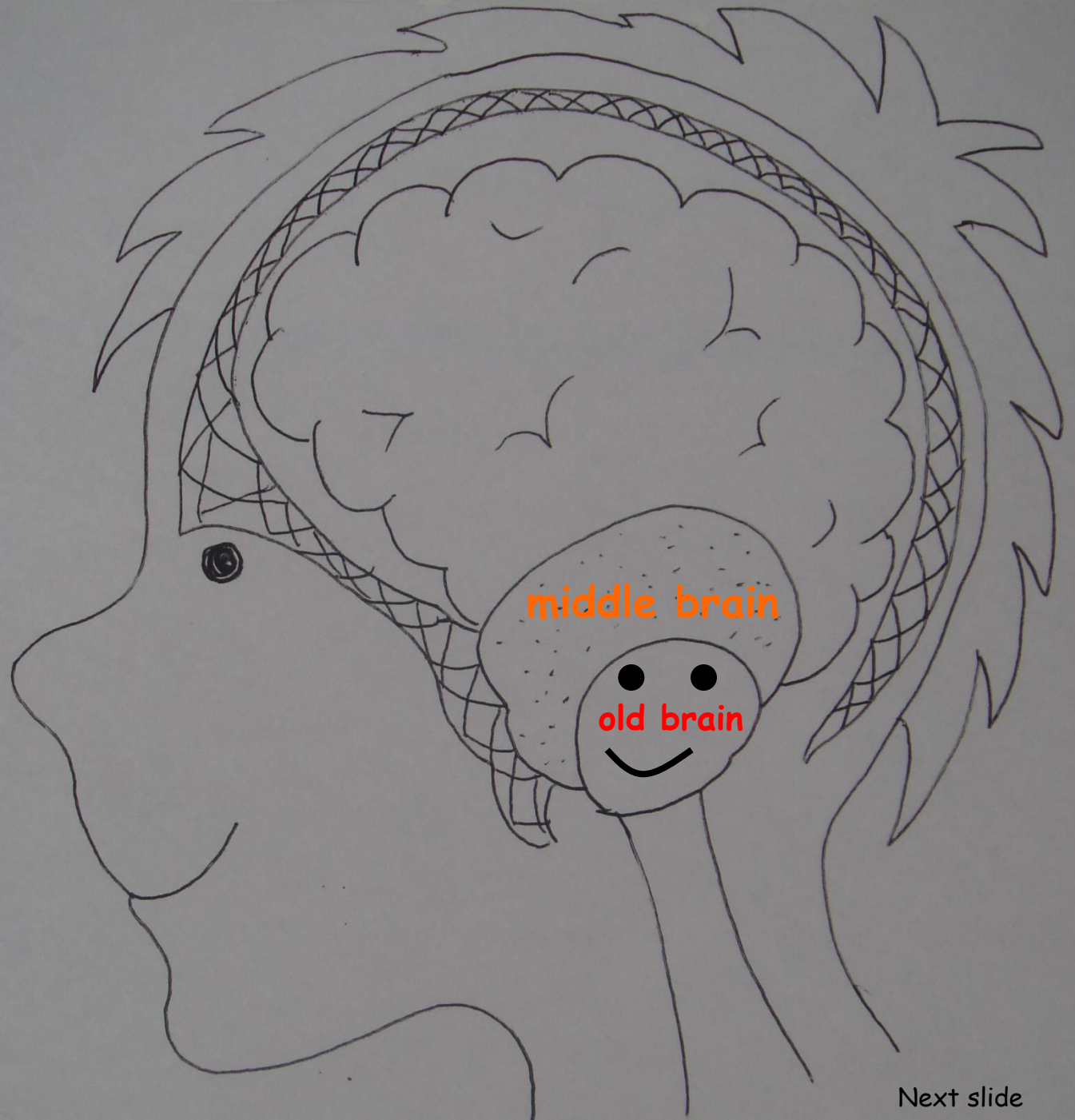


This old brain
needs to:
have no worries,
feel safe,
be happy,
have water,
have good food,
have a good
sleep,
have fresh air.

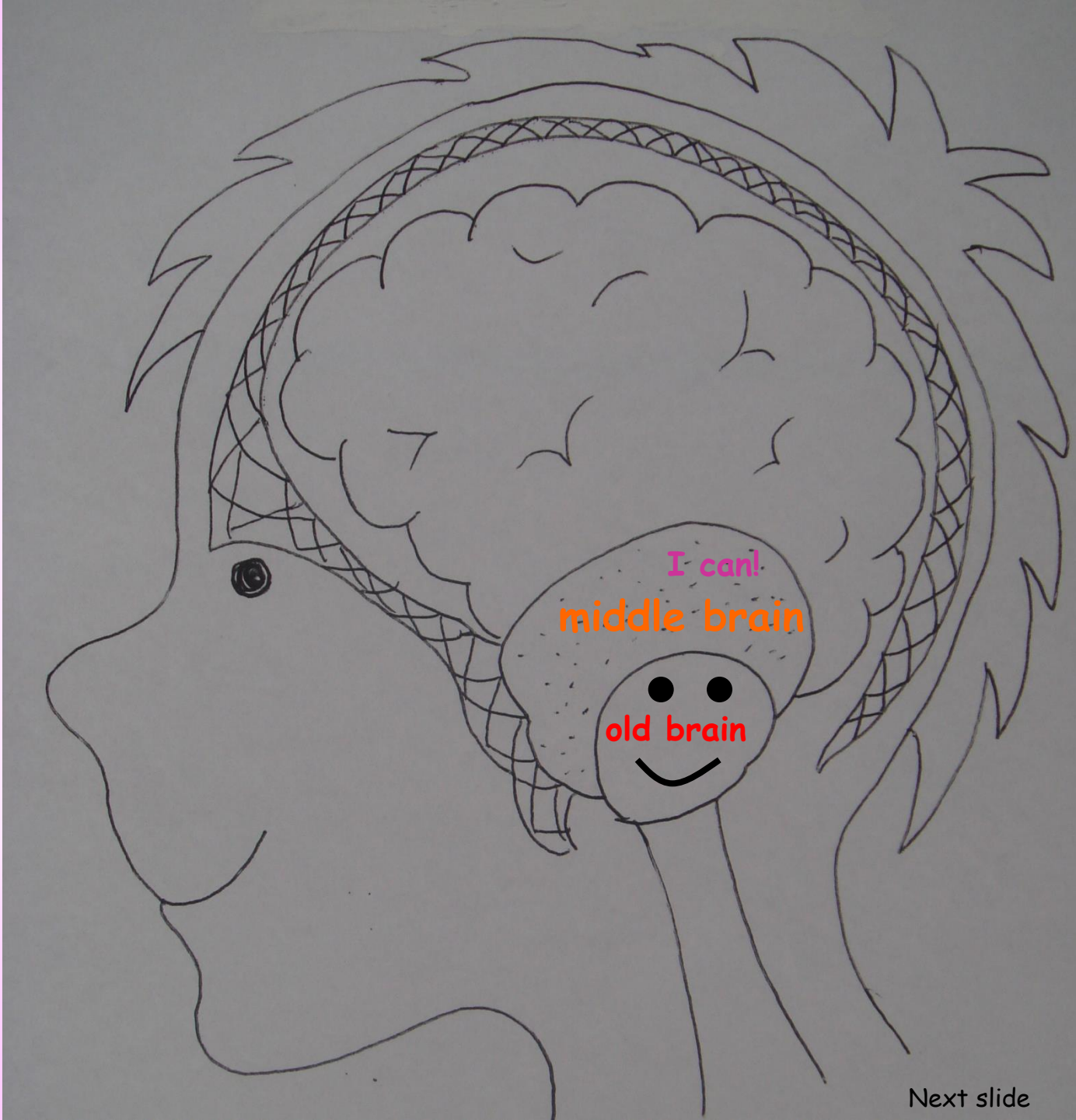


The second brain is on top of the old brain and called the middle brain.

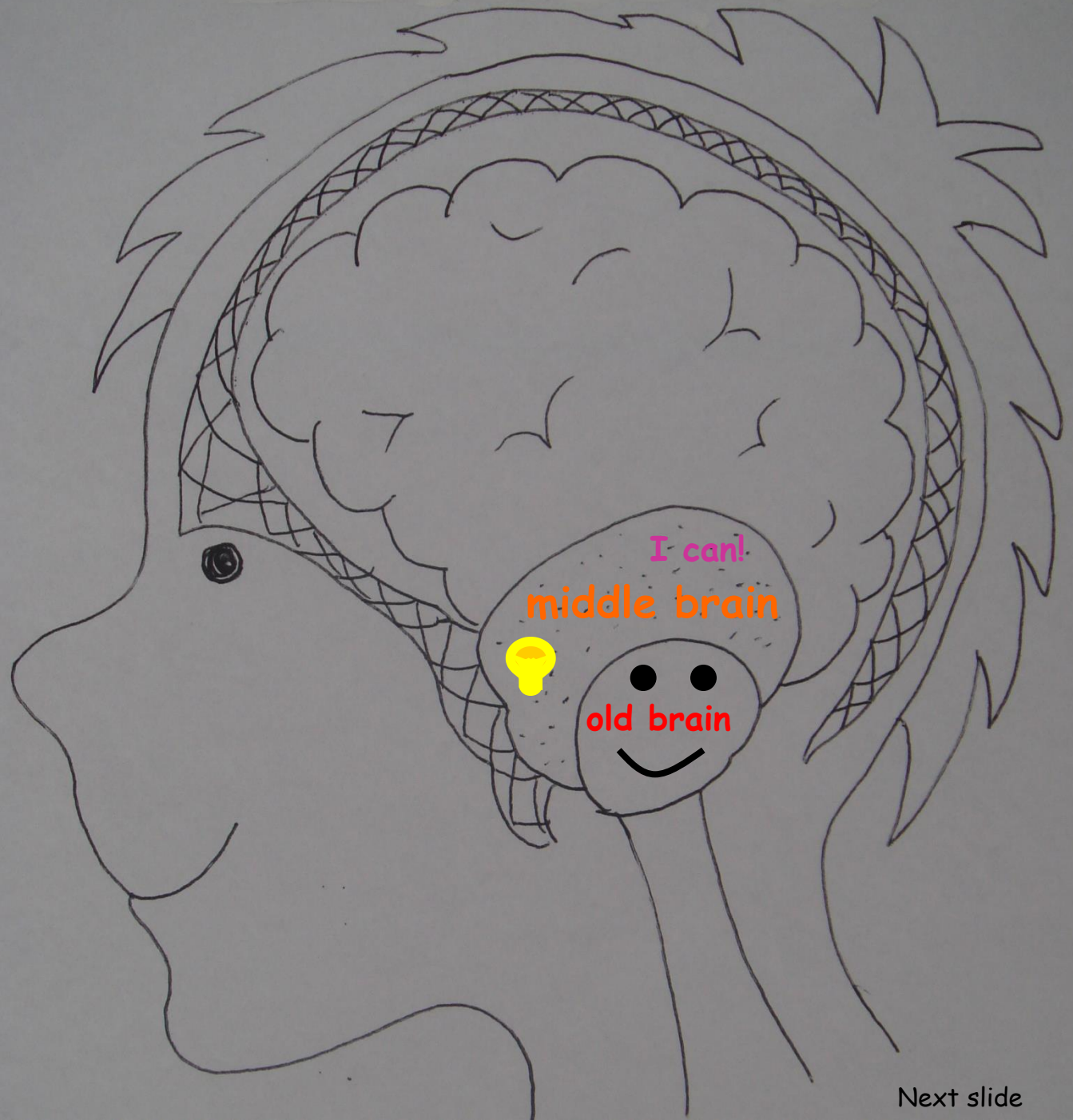
It controls how we feel and helps us to decide what we find interesting.



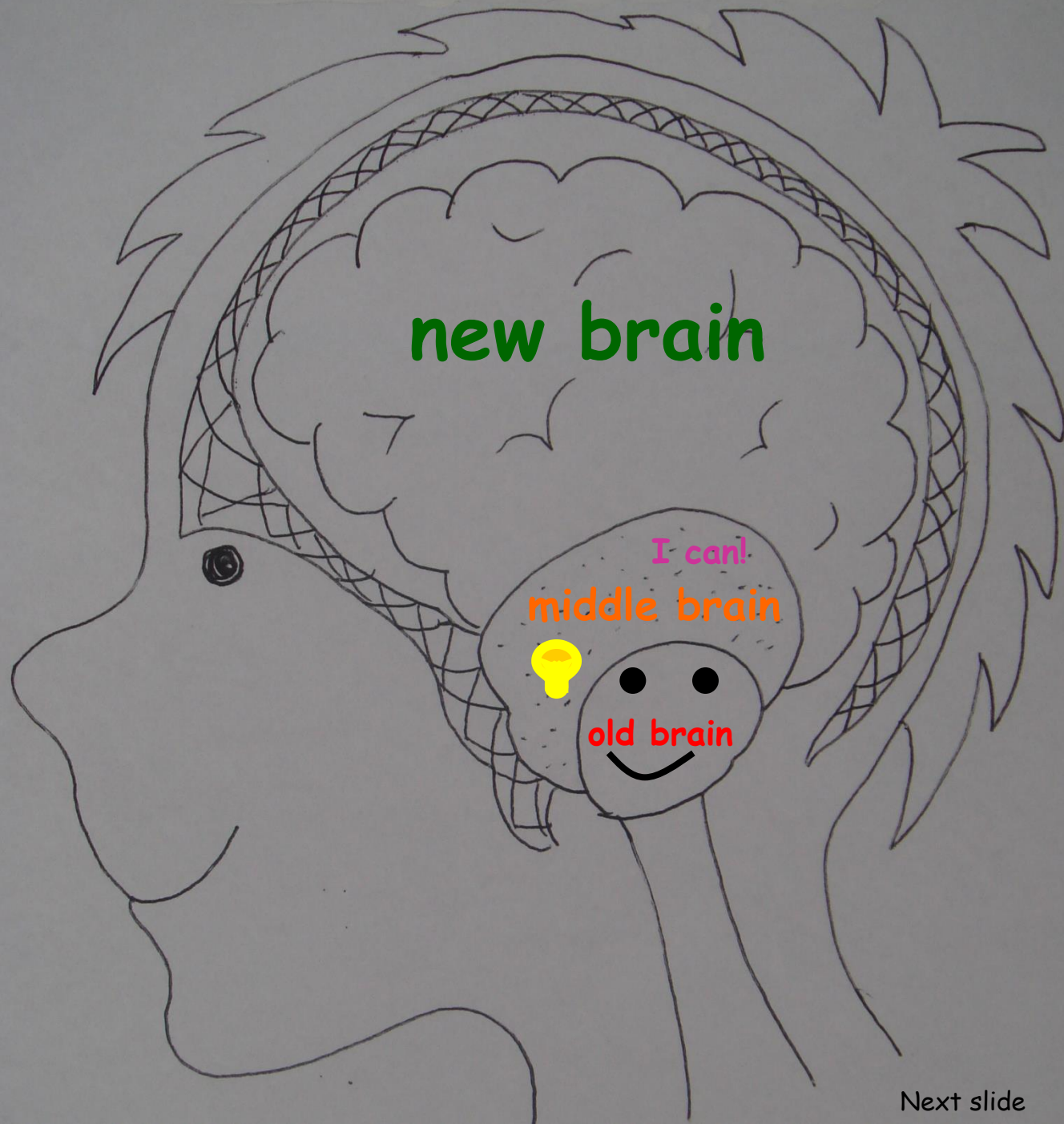
This brain needs to say "I can do that" and believe in itself.



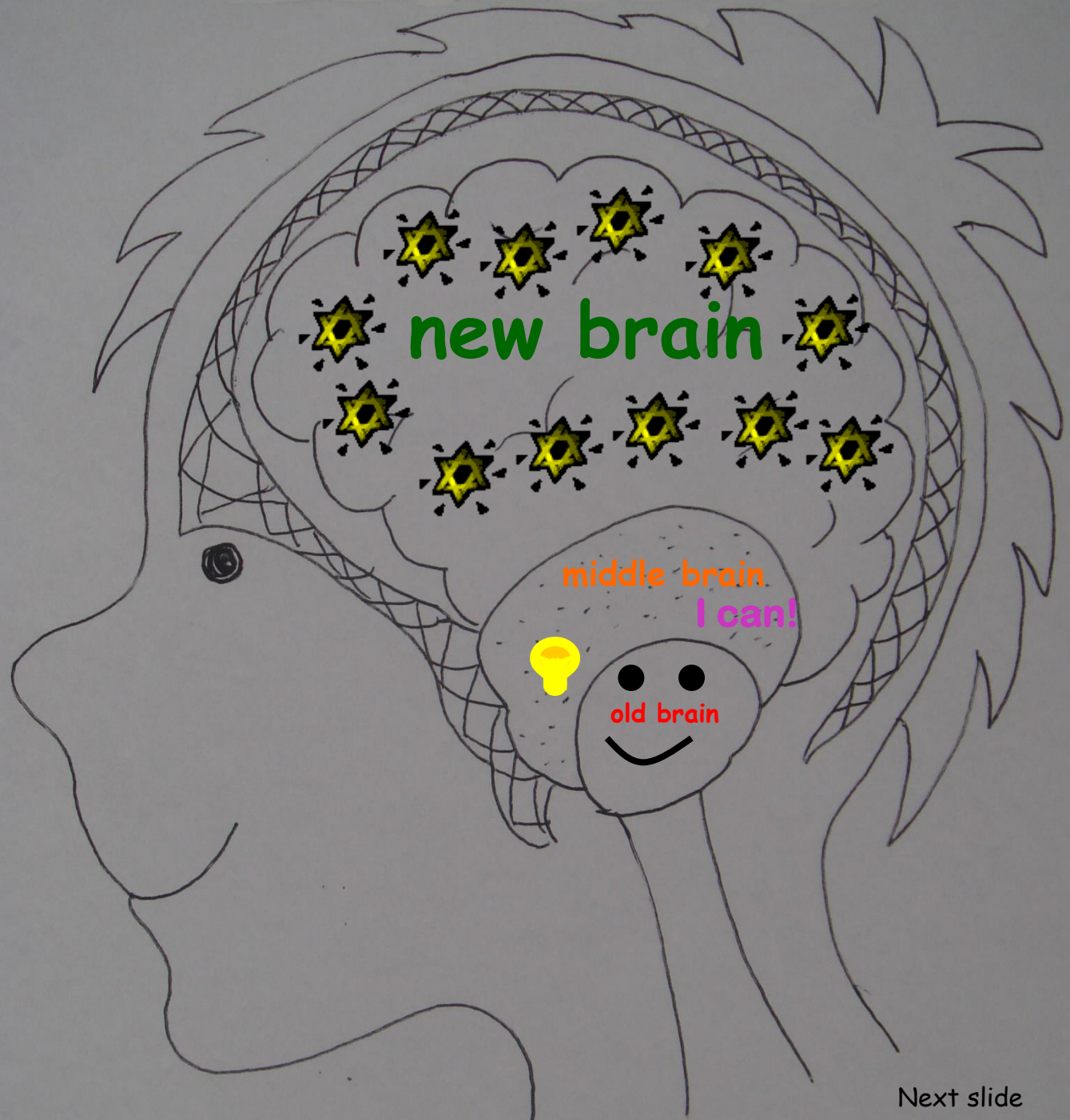
It also
needs to
be
switched
on and lit
up like a
light bulb
so that
we can
listen
well!



Now you
are ready
to learn,
you can
switch on
your
third
brain,
the **BIG**
new one
at the
top.

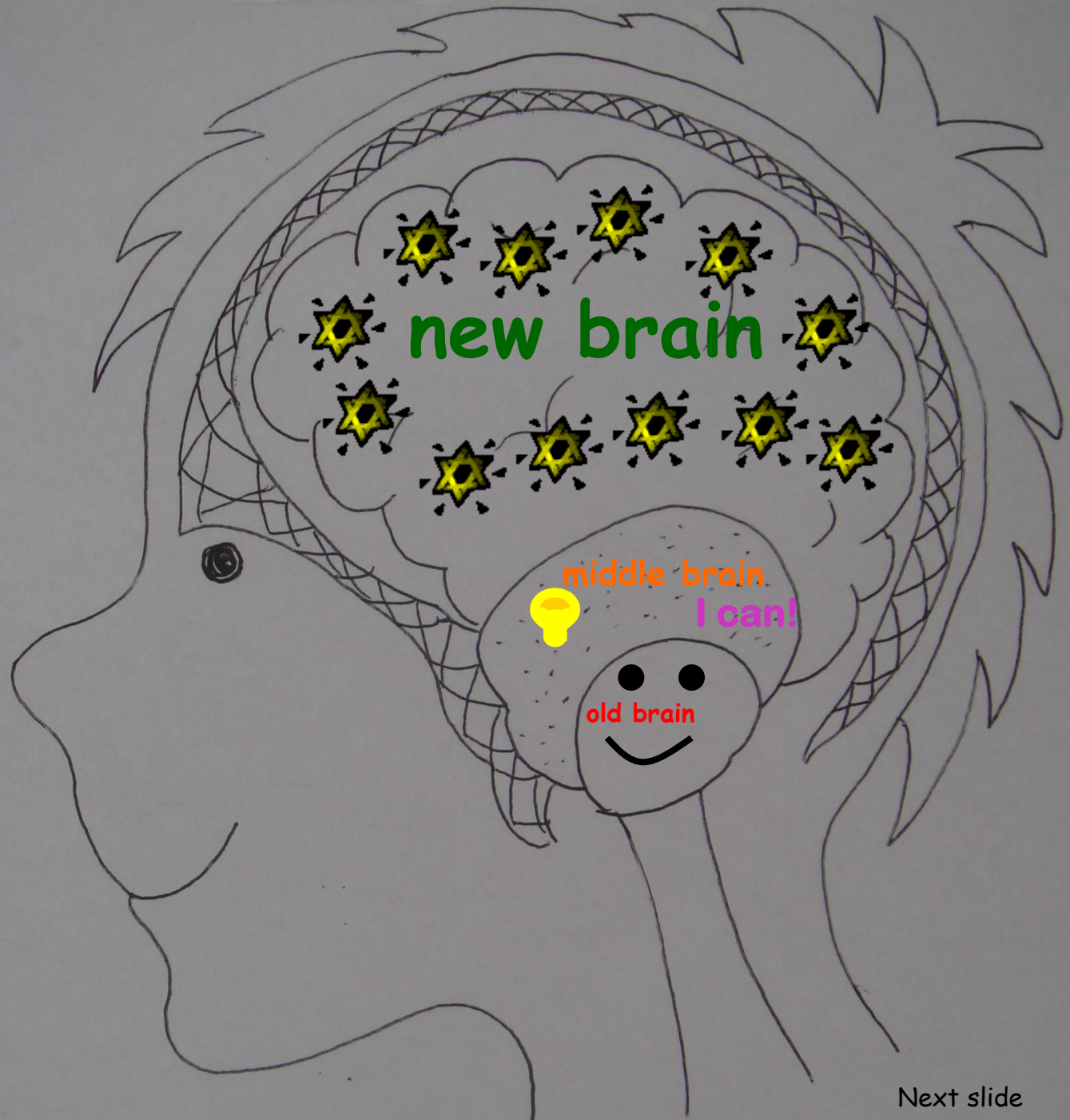


This is
where
your
learning
stars are
and they
twinkle
and
sparkle
when
your
other
two
brains
are
ready to
learn.



Three
brains
in
one.


Are you
ready
to
learn?



Next slide

Now ask your teacher for the "three brains in one" sheet which you can fill in and colour.

This will help you to remember about your three brains in one.

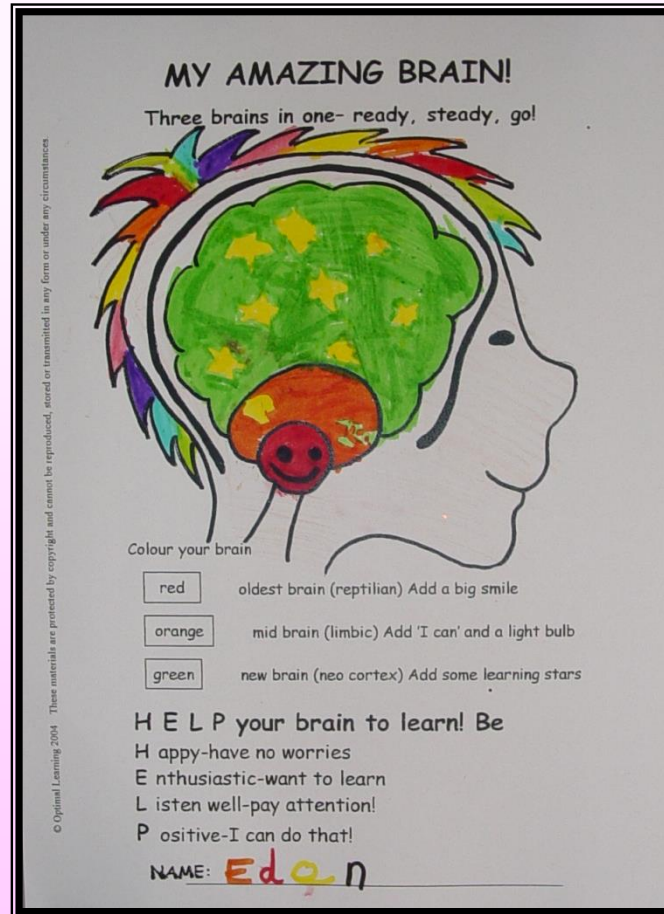


Be...
Happy ... have no worries
Enthusiastic... want to learn
Listen well...be alert!
Positive...I can do this!

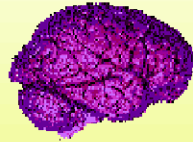
H E L P your brain to learn!

Draw a smiley face in the old brain
Write 'I can!' in the mid brain.
Add in a light bulb to get you switched on
Draw some learning stars in the new brain
Colour the hair

Your finished sheet may look like this



HELP



your brain to learn...

 Be Happy

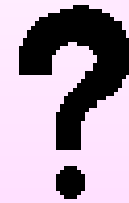
 Be Enthusiastic

 Be a Listener

 Be Positive

HELP
your
brain to
learn -
take care
of it!

What does your brain need to HELP it work well?



Your teacher will have an activity
for you to do now to help you
remember what your brain needs to
HELP it learn!

Have fun!



So what do you need to remember to HELP your brain and make your learning take-off?

be Happy



be Enthusiastic

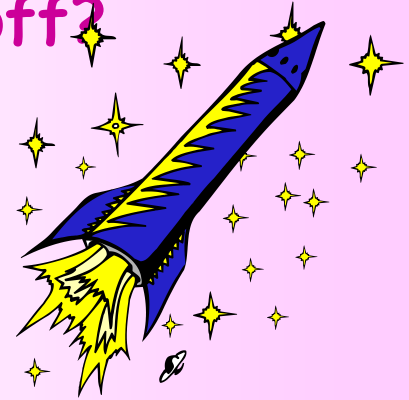


be a Listener



be Positive

I can do it!



• Drink to think, drink to learn

• Eat well

• Sleep well

• Have fun

• Get lots of fresh air

• If you have a worry - tell someone!

